

Community Food Resources (Cottonwood and Jackson Counties)

Food Assistance-

Des Moines Valley Health and Human Services

- The mission of Des Moines Valley Health and Human Services is to promote, protect and preserve the health and well - being of individuals, families and communities throughout Cottonwood and Jackson Counties.
- Jackson Human Services and Public Health located at 405 4th Street BLDG 4, PO Box 67, Jackson, MN 56143 // 507-847-4000
- Windom Human Services located at 11 4th Street PO Box 9, Windom, MN 56101 // 507-831-1891
- Windom Public Health located at 235 9th Street, Windom, MN 56101 // 507-831-1987
- Please visit our website to learn more about our food assistance programs:
<https://www.dvhhs.org/>

United Community Action Partnership (UCAP)

- United Community Action Partnership (UCAP) is committed to helping. Through partnerships with community members, volunteers and businesses, we are addressing chronic hunger in many ways, such as by offering local food shelves, SNAP Outreach, Commodity Supplement Food Program (CSFP) and more. Continue reading below to learn more about the programs we offer.
- UCAP Offices in Cottonwood and Jackson Counties include:
 - Jackson located at 115 South Highway, Jackson, MN // 507-847-2632
 - Windom located at 1012 5th Avenue Room 20, Windom MN // 507-407-3039
 - Worthington located at 1039 Oxford Street Suite 1, Worthington, MN // 507-727-1401
 - <https://www.unitedcapmn.org/programs/community-family-services/food-assistance/>
- Please contact UCAP's Food and Nutrition Manager, Nicole Knobloch at nikki.knobloch@unitedcapmn.org // 507-537-1416 EXT: 1328 for food shelf questions.

Area Food Shelves-

Jackson

- 1229 North Hwy, Jackson, MN
- Dates/times- Tuesdays 10am-11am / Thursdays 4pm-6pm
- 507-841-2895
- jacksonfoodshelf@gmail.com

Lakefield

- St Joseph's Catholic Church, 410 Broadway Ave, Lakefield, MN
- Tuesdays 430pm-530pm
- 507-841-3350
- Connie@therossows.com

Heron Lake-Okabena

- 401 Ninth Street, Heron Lake, MN
- 2nd Tuesday of the Month 12pm-2pm / 3rd Thursday of the Month 4pm-6pm.
- 507-537-1416
- nikki.knobloch@unitedcapmn.org

Mountain Lake

- 1027 Second Avenue, Mt. Lake, MN
- Mondays 4pm-6pm / Thursdays 4pm-6pm
- 507-427-3479
- lbklassen2@gmail.com or maryoeltjenbruns@hotmail.com

Windom

- 1156 4th Ave, Windom, MN 56101
- Tuesdays 10am-1pm / Wednesdays 10am-1pm
- 507-832-8267
- ttime@windomnet.com

Westbrook

- 1101 11th Street, Westbrook, MN
- Mondays 1230pm-330pm
- 507-537-1416
- nikki.knobloch@unitedcapmn.org

Worthington Christian

- 1501 N Douglas Ave, Worthington, MN
- Tuesdays 3pm-6pm / Thursdays 1pm-5pm / Fridays 1pm-3pm
- 507-376-3418
- office@worthingtonchristianchurch.com

Worthington Manna

- 230 Clary Street, Worthington, MN
- Mondays 11am-2pm / Wednesdays 11am-2pm / Fridays 11am-2pm
- 507-329-1951
- mannafoodpantry1@yahoo.com

Worthington SuperShelf (Global Market)

- 1039 Oxford Street, Worthington, MN

- Mondays 11am-2pm / Wednesdays 11am-2pm / 1st and 3rd Saturday 11am-1pm / 2nd and 4th Friday 2pm-5pm
- 507-537-1416
- nikki.knobloch@unitedcapmn.org

Senior Programs-

Lutheran Social Services

- LSS Meals on Wheels volunteers deliver hot, nutritious meals and perform a safety check for older adults, age 60 and older, who might be unable to leave their homes. LSS Meals on Wheels is a part of the national Meals on Wheels network.
- <https://www.lssmn.org/services/older-adults/lss-meals/meals-on-wheels>
- LSS Meals on Wheels and Community Dining Center Locations
 - LSS Meals- Jackson located at 301 3rd Street, Jackson, MN // 800-488-4146
 - LSS Meals- Lakefield located at 112 Main Street, Lakefield, MN // 800-488-4146
 - LSS Meals- Okabena, MN please contact the Lakefield site // 800-488-4146
 - LSS Meals- Windom located at 1750 Cottonwood Lake Drive, Windom, MN // 800-488-4146
 - LSS Meals- Heron Lake, MN, please contact the Lakefield site // 800-488-4146
 - LSS Meals- Mountain Lake located at 1027 2nd Avenue, Mountain Lake, MN // 800-488-4146
 - LSS Meals- Westbrook, MN please contact 800-488-4146
 - LSS Meals- Adrian located at 310 Main Avenue, Adrian, MN // 800-488-4146
 - LSS Meals- Brewster located at Brewster Senior Center 1019 3rd Avenue, Brewster, MN // 800-488-4146
 - LSS Meals- Worthington located Center for Active Living 211 11th Street, Worthington, MN // 800-488-4146
 - LSS Meals- Dundee, MN please contact 800-488-4146.

Homestyle Direct

- Better health starts with better nutrition—delivered to your door. We make it easy for Medicaid and Medicare Advantage beneficiaries to enjoy delicious, nutritious meals, expertly prepared for individual health needs.
- Contact Janelle Peterson, RDN, LDN, to learn more: janelle.peterson@homestyledirect.com // 612-728-0769
- <https://www.homestyledirect.com/about-us/>

Grocery Stores-

Fareway Meat and Grocery Store- Worthington

- Located at 1028 Ryan's Road, Worthington, MN // 507-372-5191
- Accepts SNAP/EBT.
- <https://www.fareway.com/>

Sunshine Foods

- Located at 908 HWY 71 North, 914 US 71, Jackson, MN // 507-847-2074
- Accepts SNAP/EBT
- <https://www.sunshinefoodstores.com/>

Hy-Vee Grocery Store- Windom

- Located at 192 10th Street, Windom, MN // 507-831-2786
- Accepts SNAP/EBT, Curbside Pick Pickup, and Pharmacy
- <https://www.hy-vee.com/stores/detail.aspx?s=182>

Hy-Vee Grocery Store- Worthington

- Located at 1235 Oxford Street, Worthington, MN // 507-372-7354
- Accepts SNAP/EBT, Curbside Pickup, and Pharmacy.
- https://www.hy-vee.com/stores/detail.aspx?s=184&srsId=AfmBOop_781rJabKMLUAsCX0VsXnYfZZsq3qTDBlt2goWfGk3SkqQtKJ

Maynard's Food Center- Lakefield

- Located at 207 Main Street, Lakefield, MN // 507-662-6777
- Accepts SNAP/EBT, In-Store Pick Up
- <https://www.maynardsfoods.com/>

Maynard's Food Center- Mountain Lake

- Located 1049 3rd Avenue, Mountain Lake, MN // 507-427-2220
- Accepts SNAP/EBT, In-Store Pick Up
- <https://www.maynardsfoods.com/>

Maynard's Food Center- Westbrook

- Located at 627 1st Avenue, Westbrook, MN // 507-274-5555
- Accepts SNAP/EBT, Curbside Pick Up
- <https://www.maynardsfoods.com/>

Walmart Supercenter- Worthington

- Located at 1055 Ryan's Road, Worthington, MN // 507-376-6446
- Department store chain offering apparel, electronics, home furnishings, and groceries, plus a large Hispanic foods section.
- Accepts SNAP/EBT, In-Store Pick Up and Curbside Pick Up
- <https://www.walmart.com/>

Corner Stores/Small Grocers-

King Egg Roll- Mountain Lake

- Located at 1034 3rd Avenue, Mountain Lake, MN // 507-636-0018

- Casual restaurant serving a variety of Chinese dishes along with groceries.
- <https://skkingeggroll.godaddysites.com/menu>
- <https://www.facebook.com/p/King-Egg-Roll-100057358063426/>

Latino Universal- Windom

- Located at 355 9th Street, Windom, MN // 507-841-3535
- <https://www.facebook.com/latinouniversal/>

Top Asian Foods- Worthington:

- Located at 312 10th Street, Worthington, MN // 507-376-9550
- Grocery store featuring a deli specializing in Asian fare, including spring rolls, sticky rice, and bubble tea.
- Accepts SNAP/EBT
- <https://www.facebook.com/TopAsianFood/>

Sayveo's Asian Food Market- Worthington

- Located at 1033 2nd Avenue, Worthington, MN // 507-343-3899
- Accepts SNAP/EBT.
- <https://www.facebook.com/profile.php?id=100057712327730>

Sein Asian Grocery Store- Worthington

- Located at 427 10th Street, Worthington, MN // 507-343-0046
- Accepts SNAP/EBT
- <https://www.facebook.com/profile.php?id=100054481270511>

Shwe Family Grocery Store- Worthington

- Located at 1607 N McMillan Street Suit 2, Worthington, MN // 507-350-4706
- Asian Grocery Store
- Accepts SNAP/EBT

YWS Asian Market- Worthington

- Located at 1517 Oxford Street // 507-343-0611
- <https://www.facebook.com/p/YWS-Asian-Market-LLC-100075979430447/>

Tienda Tacan # 2- Worthington

- Located 228 10th Street, Worthington, MN // 507-376-6768
- <https://www.facebook.com/p/Tienda-Tacana-2-61573064586706/>

El Mexicano- Worthington

- Located at 320 10th Street, Worthington, MN // 507-372-2223
- Accepts SNAP/EBT
- <https://www.facebook.com/p/El-mexicano-3-Worthington-Minnesota-61572535876623/>

Lupita Mini Market- Worthington

- Located at 1906 Oxford Street, Worthington, MN // 507-343-0029
- <https://www.facebook.com/minimarketlupita/>

Telvis Store- Worthington

- Located at 423 10th Street, Worthington, MN // 507-376-6086
- At Telvis Store, we specialize in bringing you the best of Latin American products—from authentic groceries and traditional teas to natural health remedies and beauty essentials.
- <https://www.tiendatelvis.com/>

Meat Lockers-

Bergen Meats

- Located at 53948 900th Street, Windom, MN // 507-831-4670
- Offers retail sales, custom processing, and butchering services
- <https://www.bergenmeats.com/about.html>

Highwater Creek Meats

- Located at 105 West Whited Street, Jeffers, MN // 507-628-4200
- Offers meat locker services and groceries.
- <https://www.facebook.com/profile.php?id=100083582131534>

Johnson's Meat Market

- Located at 1345 1st Avenue North, Windom, MN // 507-832-8338
- Offers a large variety of fresh meat items and retail meat processing
- <https://johnsonsmeatmarket.wixsite.com/johnsonsmeatmarket>

W-2's Quality Meats

- Located at 362 Oxford Street # 1, Worthington, MN // 507-376-4001
- <https://www.w2squalitymeats.com/>

V & M Locker- Leota

- Located at 11570 10th Street, Leota, MN // 507-443-5372
- We are a hometown butcher who offers custom processing of primarily cattle and hogs
- <https://www.vandmlocker.com/>

Brewster Bison- Brewster

- Located at 38070 180th Street, Brewster, MN // 507-360-8832
- <https://www.facebook.com/brewsterbison>

Community Gardens-

City of Jackson Community Gardens

- Located at Zimmerli Park, Branch Street, Jackson, MN 56143
- Currently, 60+ raised garden beds available.

- Contact City Hall to register for a free plot: 507-847-4410.

City of Mountain Lake Community Gardens

- Located at the intersection of 6th Street North and 2nd Avenue, Mountain Lake, MN
- Currently, 12 raised garden beds are available.
- Contact City Hall to register for a free plot: 507-427-2999

Wild Compass Environmental Education- Community Garden

- Located at 939 North Highway 86, Lakefield, MN
- Wild Compass Garden Club participants will have the first choice of plots; remaining plots will then be open to the community. All plots are raised, 4 x 4 beds and 8 x 4 plots.
- Contact Wild Compass Environmental Education at 507-662-5064
- <https://www.wildcompass.org/community-garden.html>

Worthington Area Community Gardens

- Located at 1450 College Way, Worthington, MN // 507-372-3400
- Runs in partnership with the Nobles County University of Minnesota Extension.

Area Farmers Markets-

Jackson Riverside Farmers and Makers Market

- Visit Jackson Center for the Arts for seasonal location and updates:
<https://www.jacksoncenterforthearts.com/projects-2>
- Offers Power of Food Club, Farmers Market Nutrition Program (WIC and Seniors), and SNAP.
- Last Thursday in May thru second Thursday in October, annually.

Market on the Square in Windom

- Visit Market on the Square for seasonal location and updates:
<https://www.facebook.com/groups/871831984744060/>
- Get the freshest produce, bread, honey, and more from our local farms and kitchens to your table.
- Located at the southside of the square on Tuesdays from 3pm-6pm and the west side of the square on Saturdays from 730am to 12pm.

Fast Fresh Produce/Mountain Lake Farmers Market

- Visit Fast Fresh Produce for seasonal location and updates:
<https://www.facebook.com/groups/265604651259707>
- Are you looking for fresh produce? Look no further. As our produce becomes available weekly updates will be posted to let you know what's available.
- Located at City Park on Saturdays from 8am-12pm (or until gone).

Worthington Farmers Market

- Located at 10th Street Pavilion at Downtown Worthington on Tuesday's 3pm-6pm and Saturday's at ACE parking lot from 7am-12pm.

- <https://www.worthingtonmn.gov/Events-directory/FarmersStreet-Market>

Bill & Oi's Farmers Market

- Located at 230 Clary Street, Worthington, MN
- <https://www.facebook.com/p/Bill-and-Ois-Famers-Market-61575620199562/>

Gas Stations w/ Food Service-

Kwik Trip- Windom

- Located at 251 1st Avenue South, Windom, MN // 507-831-7013
- We're proud to say you'll find many delicious and healthy choices at your neighborhood Kwik Trip or Kwik Star, from fresh fruit to flavorful salads to our many sandwiches. That's because we're committed to providing you with a variety of foods to help you eat smart at home and on the go. Check out our nutrition information for full details.

Kwik Trip- Worthington

- Located at 1601 Oxford Street, Worthington // 507-376-6688
- <https://www.kwiktrip.com/locator/store?id=1028>
- Located at 1755 North Humiston Avenue, Worthington // 507-350-3000
- <https://www.kwiktrip.com/locator/store?id=1212>
- <https://www.kwiktrip.com/locator>