



# Elderly & Disabled Resource & Referral Guide

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## AA Meetings

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To locate meetings in your area, please call 507-832-8033 (Agape) or 507-238-4382 (Fountain Centers). They can provide the most current listing of area meeting dates/times and contact or download the Meeting Guide App.

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## Adult Foster Care

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**Des Moines Valley Health and Human Services**      405 4<sup>th</sup> St. Bldg 4 P.O. 67 Jackson MN, 56143      [www.dvhhs.org](http://www.dvhhs.org)  
507-847-4000  
  
11 4<sup>th</sup> St. P.O. Box 9 Windom MN, 56101  
507-831-1891

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## Advocacy

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**Disability Linkage Line**      866-333-2466

**Domestic Violence Advocacy**      <https://dps.mn.gov/resources-for/crime-victim-resources>

**Office of Ombudsman for Long-Term Care**      P.O. Box 64971 St. Paul, MN 55164-0971      <https://mn.gov/ooltc/>  
800-657-3591

**MN Aging Pathways**      800-333-2433      [aging.pathways@state.mn.us](https://mn.gov/aging-pathways/aging.pathways@state.mn.us)      <https://mn.gov/aging-pathways/>

**MN River Area Agency on Aging**      507-387-1256      Individual Rights, Protection from Abuse

**Veteran's Linkage Line**      888-546-5838

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## Assisted Living – Customized Living -24 Hr. Supervision

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**Country View**      810 8<sup>th</sup> St Walnut Grove, MN 56180  
507-859-2133

**Ecumen Meadows**      1801 Collegeway Worthington, MN 56187  
507-372-7838

**Golden Horizons Assisted Living**      1790 Collegeway Worthington, MN 56187  
507-376-3111

<b>Goldfinch Estates Senior Living Community</b>	850 Goldfinch St Fairmont, MN 56031 507-235-9405
<b>Good Samaritan Society Mikkelsen Manor</b>	866 1 <sup>st</sup> Ave N Windom, MN 56101 507-831-1788
<b>Good Samaritan Society The Pines</b>	1508 North Highway Jackson, MN 56143 507-847-5762
<b>Lakeview Assisted Living</b>	941 County Road 9 Heron Lake, MN 56137 507-793-2349
<b>Maple Court Assisted Living</b>	310 7 <sup>th</sup> St NE Fulda, MN 56131 507-425-9900
<b>Pine View Assisted Living</b>	750 4 <sup>th</sup> Avenue Windom, MN 56101 507-831-5277
<b>Temperance Lake Ridge Senior Living</b>	410 Fox Lake Ave Sherburn, MN 56171 507-764-4977
<b>The Lodge of Mountain Lake</b>	603 7 <sup>th</sup> Avenue Mountain Lake, MN 56159 507-427-2465
<b>Valley View Assisted Living</b>	105 Milwaukee St. Lakefield, MN 56150 507-662-5330

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### *Companion Services*

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<b>International Quality Homecare</b>	1607 N. McMillan St. Worthington, MN 56187 855-447-4762	<a href="http://www.internationalquality.com/contact">www.internationalquality.com/contact</a> Nurse, HHA, HM, PCA, Medicare, MA, Waivers
<b>Senior Companion Program</b>	PO Box 156 Windom, MN 56101 507-337-0382	Waiver Members Only

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### *Counseling/Mental Health Services*

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<b>Adler Counseling</b>	2500 Maple Ave Slayton, MN 56172 112 West Main St. Pipestone, MN 56164 507-316-4974	<a href="http://www.adlercounseling.com">www.adlercounseling.com</a> Children 3+, Adult, Family, Couples, Group
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<b>Agape Counseling Center-Samantha Hopwood</b>	305 9 <sup>th</sup> St. Windom, MN 56101 507-832-8033	<a href="http://www.rehab.com/agape-counseling-center">www.rehab.com/agape-counseling-center</a> Substance Use Treatment
<b>Ahrenstorff Counseling</b>	7001 Lake St. Spirit Lake, IA 51360 712-320-9524	Adult, Couples, Family
<b>Base Counseling Tonya Grothe-Bumgardner</b>	106 2 <sup>nd</sup> St. SW Fulda, MN 56131 507-626-2787	<a href="http://www.basecounseling.com">www.basecounseling.com</a> Child, Adult, Couple, Family, Group
<b>Beyond Brink</b>	314 Chestnut St Mankato, MN 56001 507-779-7091	<a href="http://www.beyondbrink.com">www.beyondbrink.com</a> Substance Abuse Use Treatment Gender Specific Adult Residential
<b>Celebrate Recovery</b>	603 4 <sup>th</sup> St Jackson, MN 56143 Message on Facebook	Christ-Centered Recovery
<b>Center for Rural Behavioral Health University of Mankato</b>	1600 Warren St Ste 6 Mankato, MN 56001 507-389-1082	Children 5+, Adults, Mental Health Therapy, Case Management
<b>Champion State of Mind</b>	Estherville, Spirit Lake, Spencer IA 800-592-0180	
<b>Counseling Services of Southern MN</b>	226 N Broad St Mankato, MN 56001 507-931-8040	Child, Adult, Substance Assessment
<b>Crisis TEXT Line</b>	Text MN to 741741	Free support at your fingertips 24/7 through MN Department of Human Services
<b>Des Moines Valley Health and Human Services</b>	800-622-5207	<a href="https://dvhhs.org">https://dvhhs.org</a> Child, Adult, Family, Maternal Support Services, Educational Resources
<b>Diane Dunn</b>	1029 3 <sup>rd</sup> Ave Worthington, MN 56187 507-376-4368	<a href="http://dianedunnounseling.com">http://dianedunnounseling.com</a> Adult, Couples, Family
<b>ElevaCare</b>	1210 5 <sup>th</sup> Ave Worthington, MN 56187 507-376-4141 <b>24/7 Crisis Line 800-642-1525</b>	<a href="http://www.elevacare.org">www.elevacare.org</a> Child 3+, Adult, Couples, Family, Medication Management, Adult Mental Health/Substance Abuse Treatment, Detox, Outpatient Substance Treatment, 24/7 Mobile Crisis Services/Crisis Line
<b>Ellie Mental Health</b>	1600 Madison Ave Ste. 110 Mankato, MN 56001 651-313-8080	<a href="http://www.Elliementalhealth.com">www.Elliementalhealth.com</a>

<b>Eunoia Family Resource Center</b>	1420 N State St Fairmont MN 56031 507-235-6070 (Also in Mankato, New Ulm)	<a href="https://mentalhealthmn.com/">https://mentalhealthmn.com/</a> Psychiatric Medication Management Child 3+, Adult, Couple, Family
<b>Fairmont Mayo Clinic</b>	800 Medical Center Dr Fairmont, MN 56031 507-238-8598	<a href="http://www.mayoclinichealthsystem.org">www.mayoclinichealthsystem.org</a> Evaluation, Medication Management, Child, Adult, Substance Abuse
<b>Family Services Network</b>	405 4 <sup>th</sup> St. Bldg 4 Jackson, MN 56143 507-847-4441	Child Case Management, Family support/Parent classes, Assessment
<b>Fountain Centers</b>	828 N North Ave Fairmont, MN 56031 507-238-4382	Substance Use Treatment
<b>Farmers Stress Hotline</b>	<b>800-691-4336</b>	24-hour help through Avera
<b>Great Lakes Neurobehavioral Center</b>	101 W Robinson St Lake Crystal, MN 56005 950-500-8167 <a href="mailto:info@glncenter.com">info@glncenter.com</a>	<a href="http://www.glncenter.com">www.glncenter.com</a> Assessments, Children, Family
<b>Greater MN Trauma Center, Peter Westre, PMHNP</b>	St. Peter, MN 56082 507-720-1401 <a href="mailto:info@gmntc.org">info@gmntc.org</a>	<a href="https://www.gmntc.org/appointmentmake-a-referral">https://www.gmntc.org/appointmentmake-a-referral</a> Medication Management 16+, Complex trauma, SPMI, Veterans, In-person or virtual options
<b>Harvest Counseling Services, James Rains</b>	214 Main St Lamberton, MN 56152 507-320-1312	<a href="https://harvest.clientsecure.me/">https://harvest.clientsecure.me/</a> Child, Adult, Couples, Substance Use
<b>Healing Pathways, Jessica Cowan</b>	102 5 <sup>th</sup> Ave Windom, MN 56101 507-822-3580	
<b>Hope Haven</b>	414 Industrial Lane Worthington, MN 56187 712-376-3168	<a href="http://www.hopehaven.org">www.hopehaven.org</a> Intensive psychiatric rehabilitation, Spiritual, Employment, Living Support
<b>Inspire Family Therapy</b>	212 Maine Ave Adrian, MN 56110 507-483-3322	<a href="https://inspirefamilytherapy.com">https://inspirefamilytherapy.com</a> Adult, Family, Group
<b>Jeremy Alder</b>	109 S 5 <sup>th</sup> St Ste 400 Marshall, MN 56258 507-316-4974	
<b>Journeys of Healing</b>	1029 3 <sup>rd</sup> Ave Ste 2 Worthington, MN 56187 507-343-3822	<a href="http://www.journeysofhealing.com">www.journeysofhealing.com</a> Children, Adult, Family
<b>Krisma Counseling</b>	117 Downtown Plaza Fairmont, MN 56031 507-399-2149	
<b>Lakes Counseling &amp; Wellness</b>	507 18 <sup>th</sup> St. Spirit Lake, IA 51360 712-336-8126	<a href="http://www.lakescounseling.org">www.lakescounseling.org</a>

		Assessment, Medication Management, Child, Adult, Couple, Family
<b>Lorenz Clinic</b>	1772 Steiger Lake Ln, Ste 220 Victoria, MN 55386 952-443-4600	<a href="http://www.lorenzclinic.com/telehealth">www.lorenzclinic.com/telehealth</a> Telecommunication with Mental Health providers
<b>Madelia Community Hospital &amp; Clinic</b>	121 Drew Av. S.E. Madelia, MN 56062 507-642-5200	<a href="http://www.madeliahealth.org">www.madeliahealth.org</a> Assessment, Mediation Management, Child, Adult, Couple, Family
<b>Mending Roots</b>	1227 Caledonia St. Mankato, MN 56001 507-388-8874 <a href="mailto:mendingrootstherapy@gmail.com">mendingrootstherapy@gmail.com</a>	Children, Adults
<b>Mayo Clinic Health System</b>	1101 Moulton and Parsons Dr St. James, MN 56081 507-375-8654	
<b>Mental Health Minnesota</b>	833-437-3466	Mon-Sun 9am to 9pm
<b>Minnesota Crisis Text Line</b>	<b>Text MN to 741741</b> <b>Available 24/7</b>	
<b>Minnesota Farm &amp; Rural Help Line</b>	833-600-2670 <b>Text FARMSTRESS to 898211</b>	
<b>Minnesota Warmline</b>	877-404-3190 <b>Text SUPPORT to 85511</b> Mon-Sat 12pm-10pm	
<b>Moxie Nova</b>	1820 Central Ave Estherville, IA 51334 712-340-7323	<a href="http://www.moxienova.com">www.moxienova.com</a> Adult, Telehealth
<b>National Suicide Prevention Lifeline</b>	<b>Call/Text 988</b> <b>Available 24/7</b> 800-273-8255 English 888-628-9454 Spanish	<a href="https://988lifeline.org/">https://988lifeline.org/</a> English and Spanish Available
<b>New Awakening Counseling Stacey Tweedt</b>	507-340-2574	<a href="https://newawakeningscounseling.clientsecure.me/">https://newawakeningscounseling.clientsecure.me/</a> Evaluation, Adult Trauma, Parent E, Christian Perspective
<b>New Life Treatment Center</b>	1530 Airport Rd Worthington MN 56187 130 Dakota St. Woodstock, MN 56186 507-777-4321	Outpatient and Inpatient Substance Use Treatment
<b>Pipestone Counseling Center, LLC</b>	201 2 <sup>nd</sup> Ave SW Pipestone, MN 56164 605-759-7231	<a href="http://www.pipestonecounseling.com">www.pipestonecounseling.com</a> Children 5+, Adult, Family
<b>Rainbow Behavioral Health</b>	305 9 <sup>th</sup> St Windom, MN 56101 866-720-3754	Outpatient Program

<b>Recovery in Motion</b>	1100 Indus St Fairmont, MN 56031 507-432-9740	<a href="http://www.recoveryinmotionmn.com">www.recoveryinmotionmn.com</a> Men's residential MH/Substance Use
<b>Reinbow, Inc</b>	43341 480 <sup>th</sup> Ave Windom, MN 56101 504-822-0526	<a href="http://www.reinbowsinc.com">www.reinbowsinc.com</a> Horse Assisted Therapy, Children
<b>SAMHSA'S National Helpline</b>	800-662-4357 Available 24/7	
<b>Sanford Clinic/Medical Center</b>	1430 N Highway Jackson, MN 56143 507-847-2200 308 8 <sup>th</sup> St. Mountain Lake, MN 56159 507-427-3332 249 E. 5 <sup>th</sup> St. Tracy, MN 56175 507-629-3520	
<b>Sanford Clinic/Medical Center</b>	920 Bell Ave Westbrook, MN 56183 507-274-1150 2170 Hospital Drive Ste 1	
<b>Seasons Center for Behavioral Health</b>	1401 Hill Ave Spirit Lake, IA 51360 800-242-5101	Substance Abuse Counseling
<b>Shade of the Tree</b>	1601 Keokuk Ave Spirit Lake, IA 51360 712-330-9140	Substance Abuse Counseling
<b>Southwest Crisis Center</b>	<b>24 hour SAFE LINE 800-376-4311</b> <b>Youth Text Line 216-666-TEEN (8336)</b> 401 West St #27 Jackson, MN 56143 507-800-1260  1043 4 <sup>th</sup> Ave #1 Windom, MN 56101 507-831-2244  320 S Lake St Worthington, MN 56187 507-376-4311	<a href="http://www.mnswcc.org">www.mnswcc.org</a> Domestic Violence, Sexual Violence, Human Trafficking
<b>Southwest West Central Service Cooperative</b>	1043 4 <sup>th</sup> Ave Windom, MN 56101 507-831-2936	<a href="http://www.swsc.org">www.swsc.org</a> Assessments, Consultations, Schools
<b>Stepping Stones Counseling, LLC Kerstin Cooley, MSW, LICSW</b>	339 9 <sup>th</sup> St. Ste C Windom, MN 56101 PO Box 372 507-221-0005	Adults
<b>Strive Counseling Margaret Buchholz, MSW, LICSW, LADC</b>	641 1 <sup>st</sup> Ave Westbrook, MN 56183 507-402-2428 Strivecounselingmn@gmail.com	

<b>Triple M Counseling Services, Karrie Riley Myers, MA LMFT</b>	1016 3 <sup>rd</sup> Ave Windom, MN 56101 507-832-8220	Marriage, family, children, adults
<b>Veterans Services Cottonwood County</b>	41385 US Hwy 71 Windom, MN 56101 507-831-5522	Veterans Resources including mental Health
<b>Veterans Services Jackson County</b>	405 4th St, Jackson, MN 56143 507-847-4774	Veterans Resources including mental Health
<b>Windom Area Health Dawn Bos</b>	2150 Hospital Drive Windom, MN 56101 507-831-2400	<a href="http://www.windomareahealth.org">www.windomareahealth.org</a> Psychiatry

For Additional Crisis resources, please visit [Http://dvhhs.org/mental-health](http://dvhhs.org/mental-health)

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### *Emergency Assistance*

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**American Red Cross**      105 Homestead Dr Mankato, MN 56001      [www.redcross.org](http://www.redcross.org)  
507-387-6664

**Centers for Disease Control and Prevention (CDC)**      [www.cdc.gov](http://www.cdc.gov)

**Des Moines Valley Health and Human Services**      405 4<sup>th</sup> St. Bldg. PO Box 67      [www.dvhhs.org](http://www.dvhhs.org)  
Jackson, MN 56143  
507-847-4000

11 Forth St PO Box 9  
Windom, MN 56101  
507-831-1891

**Emergency & Community Health Outreach**      Tpt.org\echo-minnesota

**Emergency Assistance**      <https://mnbenefits.mn.gov/>

**Federal Emergency Management Agency**      [www.fema.gov](http://www.fema.gov)

**Minnesota  
Department of  
Health**

[www.health.state.mn.us](http://www.health.state.mn.us)

**Minnesota  
Department of  
Public Safety**

[www.dps.state.mn.us](http://www.dps.state.mn.us)

**Minnesota Flu  
Information Line**

866-259-4655

**Salvation Army**

Cottonwood County  
507-831-1891  
Jackson County  
507-847-4420  
Heat Share (not handled by county Salvation  
Army locations)  
507-238-9797

**Ready America**

[www.ready.gov](http://www.ready.gov)

**United  
Community  
Action  
Partnership  
(UCAP)**

115 South Highway, PO Box 207  
Jackson, MN 56143  
507-847-2632

Drop box outside west entrance

1012 5<sup>th</sup> Ave Room 50  
Windom, MN 56101  
507-841-2603

**World Health  
Organization**

[www.who.int/en](http://www.who.int/en)

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### *Emergency Phone Equipment*

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**Dose Health**

844-300-6212

Includes Medication Dispenser

**Guardian  
Medical  
Monitoring**

888-349-2400

Includes Medication Dispenser

**Heartland  
Security**

888-264-6380

**Nobles  
Cooperative  
Electric**

PO Box 788 Worthington, MN 56187  
507-372-7331

**Philips Lifeline**

855-332-7799

**QMedic** 877-241-2244

**Reemo Health  
Personal  
Independence  
Smartwatch** Download order form [www.reemohealth.com/cmorder](http://www.reemohealth.com/cmorder)  
[orders@reemohealth.com](mailto:orders@reemohealth.com)

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## *Food Shelf/Food Assistance/Food Resources*

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**Cottonwood  
County Sharing  
Count Food Shelf** 1156 4<sup>th</sup> Ave Windom, MN 56101  
507-832-8267 Tuesday 10am-1pm and  
Wednesday 10am-1pm

**Des Moines Valley  
Health and  
Human Services** 405 4<sup>th</sup> St. Bldg. PO Box 67  
Jackson, MN 56143  
507-847-4000 Human Services-SNAP, Public Health-WIC

11 4<sup>th</sup> St PO Box 9  
Windom, MN 56101  
507-831-1891

235 9<sup>th</sup> St Windom, MN 56101  
507-831-1987

**Heron  
Lake/Okabena  
Food Shelf -Sacred  
Heart Catholic  
School** 400 9<sup>th</sup> St, PO Box 232  
Heron Lake, MN 56137  
800-658-2448 Use South Entrance 2-4pm  
2<sup>nd</sup> and 4<sup>rd</sup> Thurs of the month  
ID & Proof of Address required

**Jackson Food  
Shelf** 1229 North Hwy Jackson, MN 56143  
(Corner of Dewey St. & North Hwy) [www.facebook.com/p/Jackson-Minnesota-Food-Shelf-Inc-61553256114658](https://www.facebook.com/p/Jackson-Minnesota-Food-Shelf-Inc-61553256114658)

Tues 10am-11am  
Thurs 4pm-6pm  
Hours by appointment

**Lakefield Food  
Shelf  
St. Joseph Catholic  
School** 416 Broadway Ave Lakefield, MN 56150  
507-841-3350  
507-822-3350  
507-662-6513

**Lutheran Social  
Services of MN** 800-448-4146 Heron Lake and Okabena residents should contact  
Lakefield site

Jackson Senior Dining  
301 3<sup>rd</sup> St Jackson, MN 56143  
507-847-5884

Lakefield Senior Center  
112 Main St, Lakefield, MN 56150  
507-662-6714  
866-985-8509

Mountain Lake Community Center  
1027 2<sup>nd</sup> Ave Mountain Lake, MN 56159  
507-427-2151

**Windom  
Community  
Center** 1750 Cottonwood Lake Dr Windom, MN  
56101  
507-831-6161  
866-985-8513

**Mary & Martha's  
Pantry** 524 1<sup>st</sup> Ave Westbrook, MN 56183  
507-274-5218 Mondays 1:30pm-3:30pm

**Mountain Lake  
Community Food  
Shelf** 1027 2<sup>nd</sup> Ave Mountain Lake, MN 56159  
507-427-3479 Monday & Thursdays 4pm-6pm  
Proof of Mt. Lake School District required

**Nutrition  
Assistance  
Program for  
Seniors -NAPS  
(now called  
Commodity  
Supplemental  
Food Program)** 1229 North Hwy Jackson, MN 56101  
800-365-0270 2<sup>nd</sup> Thursday of each month  
pre-registration required  
<https://aceswmn.org/nutrition-assistance-program-for-seniors/>

**Supplemental  
Nutrition  
Assistance  
Application  
(SNAP)** <https://mnbenefits.mn.gov/>

**United  
Community  
Action  
Partnership  
(UCAP)** 115 South Highway PO Box 207  
Jackson, MN 56143  
507-847-2632 Call for Appointment

1012 5<sup>th</sup> Ave Room #50  
Windom, MN 56101  
507-841-2603 Drop box outside west entrance

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## *Guardianship*

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**Lutheran Social  
Services** 507-625-6683

**Ethical Solutions** PO Box 22 Mankato MN 56002  
507-327-9123 <https://ethicalsolutionsmn.com/>  
[sbutler@ethicalsolutionsmn.com](mailto:sbutler@ethicalsolutionsmn.com)

**Prairie Support Services** 422 1<sup>st</sup> Ave Westbrook, MN 56183  
507-274-5195

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### *Hearing Aid Services*

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**Deaf and Hard of Hearing Services** 507-344-2840  
800-311-1148  
507-322-3518 VIDEO  
866-266-2461 TTY

**Fairmont Hearing Aid Service** 230 South Grant Fairmont, MN 56031  
800-967-2039

**Hearing and Speech Center** 1018 6<sup>th</sup> Ave Worthington, MN 56187  
888-563-4259

**Southwest Hearing Technologies Inc.** 1011 4<sup>th</sup> Ave Worthington, MN 56187  
507-376-4407 Windom hours every Wednesday

**Worthington Hearing Aide Service** 1039-1 Oxford St Worthington, MN 56187  
800-967-2037  
**Deaf & Hard of Hearing Services** 507-344-2840

**Telephone Equipment Distribution (TED)** 800-657-3663

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### *Home Delivered Meals*

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**Heron Lake Delivered Meals** 507-662-6714

**Homestyle Direct** 866-735-0921 [www.homestyledirect.com](http://www.homestyledirect.com)

**Jackson Senior Dining** 507-847-5884

**Jeffers Delivered Meals** 507-274-6683  
866-974-0283

<b>Lakefield Delivered Meals</b>	507-662-6714	*See Senior Dining section for Meals on Site and physical location
<b>LSS to Go Meals</b>		<a href="http://www.lssmn.org/services/older-adults/lss-meals/meals-to-go">www.lssmn.org/services/older-adults/lss-meals/meals-to-go</a>
<b>Mom's Meals</b>	866-716-3257	<a href="http://www.momsmeals.com">www.momsmeals.com</a>
<b>Okabena Delivered Meals</b>	807-662-6714	
<b>Mountain Lake Senior Dining</b>	507-427-2151	*See Senior Dining section for Meals on Site and physical location
<b>Sister's Home Style Entrees</b>	515-332-1928	<a href="http://www.sistersentrees.com">www.sistersentrees.com</a>
<b>Storden Delivered Meals</b>	507-274-6683 866-974-0283	
<b>Westbrook Delivered Meals</b>	507-274-6683	
<b>Windom Senior Dining</b>	507-831-6161	*See Senior Dining section for Meals on Site and Physical location

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*Home Health Services/Skilled Nursing  
Services/Homemaker Services*

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<b>Adara Home Health</b>	117 W Blue Earth Ave PO Box 340 Fairmont, MN 56031 507-235-3898 800-817-1819	<a href="http://adarahomehealth.com">http://adarahomehealth.com</a> Nurse, Home Health Aide, Homemaker, Medicare, Medical Assistance, Long Term Care, Private Pay, Waivers
<b>Alpha Sigma Health Group, Inc</b>	222 E. Main St Ste 102 Luverne, MN 56156 605-274-0066 507-449-6131	<a href="http://www.alphasigmahg.com">www.alphasigmahg.com</a> Nurse, Home Health Aide, Homemaker, Medicare, Long Term Care, Private Pay, Waivers
<b>Avera @ Home</b>	605-322-4663	<a href="http://www.avera.org/avera-at-home/">www.avera.org/avera-at-home/</a> Nurse, Home Health Aide, Homemaker, Medicare, Medical Assistance, Long Term Care, Private Pay, Waivers
<b>Baywood Home Care</b>	1001 E Blue Earth Ave Fairmont, MN 56031 507-399-2080 507-764-4133	<a href="http://www.baywoodhomecare.com/senior-home-care-in-fairmont/">www.baywoodhomecare.com/senior-home-care-in-fairmont/</a> Nurse, Home Health Aide, Homemaker, Long Term Care, Private Pay

<b>Golden Home Care Plus, Inc</b>	6 N Minnesota St New Ulm, MN 56073 507-359-2756 Fax:507-354-1260	<a href="https://www.ghcpinc.com/">https://www.ghcpinc.com/</a> Nurse, Home Health Aide, Homemaker, Personal Care Attendant, Medical Assistance, Private Pay, Waivers
<b>Good Samaritan Society-Home Care of SWMN</b>	866 1 <sup>st</sup> Ave N Windom, MN 56101 507-831-0734 507-831-0735	<a href="http://www.goodsam.com/locations/home-care-southwest-minnesota">www.goodsam.com/locations/home-care-southwest-minnesota</a> Nurse, Home Health Aide, Homemaker, Medicare, Medical Assistance, Private Pay, Waivers *Under the Sanford Umbrella-serving communities in Worthington, Tracy, Slayton, and Westbrook
<b>International Quality Homecare</b>	1607 N McMillan St Worthington, MN 56187 855-447-4762	<a href="http://www.internationalquality.com/contact">www.internationalquality.com/contact</a> Nurse, Home Health Aide, Homemaker, Personal Care Attendant, Medicare, Medical Assistance, Waivers
<b>Sweet Home Home Care</b>	124 3 <sup>rd</sup> St. Ste. 2 Tracy, MN 56175 701-318-2814	Medical Assistance, Waivers, UCare SNBC, Long Term Care Insurance, Private Pay
<b>Wild Rose Home Care</b>	1210 E College Dr. #800 Marshall, MN 56258 507-337-1101	Homemaker, Personal Care Attendant, Medical Assistance, Waivers, Cottonwood County Only

There may be other out of state home care agencies. There may be additional resources available to Veterans, please see *Military resources*.

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### *Hospice*

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<b>Avera @ Home</b>	605-322-4663 Email: centralintake@avera.org
<b>Moments</b>	507-609-8800
<b>Sanford Hospice</b>	585 2 <sup>nd</sup> Ave N Windom, MN 56101 507-831-1017  The Sunset Cottage 1935 Woodland Ct PO Box 652 Worthington, MN 56187 507-372-7770 866-655-1017
<b>Hospice of Murray County</b>	36 Park Dr. Slayton, MN 56172 507-836-8114

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### *Housing Assistance*

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<b>Des Moines Valley Health and Human Services</b>	405 4 <sup>th</sup> St Bldg. 4, PO Box 67 Jackson, MN 56143 507-847-4000	<a href="http://www.dvhhs.org">www.dvhhs.org</a> Utility and Emergency Assistance <a href="https://mnbenefits.mn.gov/">https://mnbenefits.mn.gov/</a>
<b>Rebuilding Together</b>	11 4 <sup>th</sup> St Windom, MN 56101 507-831-1891 PO Box 266 Windom, MN 56101 507-200-2015	<a href="https://rebuildingtogether-twincities.org/">https://rebuildingtogether-twincities.org/</a> Home repair & Safe at Home Programs
<b>Salvation Army</b>	Jackson, MN 56143 507-847-4420	
	Windom, MN 56101 507-831-1891	
<b>Section 8 Housing</b>	507-376-9123	Housing and Urban Development (HUD)
<b>United Community Action Partnership</b>	115 S. Highway, PO Box 207 Jackson, MN 56143 507-847-2632	<a href="http://unitedcapmn.org">http://unitedcapmn.org</a> Utility/Emergency Assistance & Housing programs
	1400 S. Saratoga St. Marshall, MN 56258 507-537-1416 800-658-2448	Utility/Emergency Assistance & Housing programs
	1012 5 <sup>th</sup> Ave Room #50 Windom, MN 56101 507-841-2603	Utility/Emergency Assistance & Housing programs
<b>Worthington HRA, Section 8</b>	819 Tenth St. Worthington, MN 56187 507-376-9123 Fax: 507-376-3005	Rent Assistance/Section 8 vouchers Contact Deb

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*Housing-Subsidized*

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<b>Eagle River Townhomes</b>	Homedale Dr Jackson, MN 56143 507-841-3214	<a href="https://www.lloydmanagement.com/eagle-ridge-townhomes/">https://www.lloydmanagement.com/eagle-ridge-townhomes/</a> Contact Nicole
<b>Heron Lake Apartments</b>	504 9 <sup>th</sup> St. Heron Lake, MN 56137 651-465-6841	Section 8 vouchers accepted
<b>Hillside Manor</b>	177 20 <sup>th</sup> St. Windom, MN 56101 507-831-1016	Income based
<b>Jackson Housing Authority</b>	116 State St. Jackson, MN 56143	Rent based on income (50 apartments, 24 homes, smoke-free)

<b>Laker Apartments, Lloyd Management</b>	1225 3 <sup>rd</sup> Ave Mountain Lake, MN 56159 507-427-2425  1325 W. Lind St. Mankato, MN 56001 507-325-5573 888-625-5573	<a href="https://www.lloydmanagement.com/">https://www.lloydmanagement.com/</a>
<b>Perkins Creek Apartments</b>	1475 17 <sup>th</sup> St. Windom, MN 56101 507-831-1190	Income based <a href="https://www.lloydmanagement.com/">https://www.lloydmanagement.com/</a>
<b>Pinewood Apartments</b>	210 Bush St. Lakefield, MN 56150 507-451-8524 800-676-6505	<a href="http://www.lifestyleinc.net">www.lifestyleinc.net</a> (8 Units, 1 Bedroom. Smoke-free)
<b>Prairieview Apartments</b>	551 Lakeview Rd. Heron Lake, MN 56143 651-465-6841	Section 8 vouchers accepted
<b>Riverbluff Town Homes</b>	302 Highway 71 South, Jackson, MN 56143 507-841-3214	<a href="https://www.lloydmanagement.com/">https://www.lloydmanagement.com/</a> Contact Nicole
<b>Riverview Apartments</b>	605 19 <sup>th</sup> St. Windom, MN 56101 507-831-1016	Income based
<b>Rolling Hills Apartment</b>	808-812 Hills Ave. Jackson, MN 56143 651-465-6841	Section 8 vouchers accepted
<b>Sunrise Estates</b>	200 Hwy 71 South, Jackson, MN 56143 507-847-2330	40 subsidized units
<b>Tanglewood Apartments</b>	1755 4 <sup>th</sup> Ave. Windom, MN 56101 507-822-2614	
<b>Westbrook Apartments</b>	900 11 <sup>th</sup> St. Westbrook, MN 56183 507-360-8959	
<b>Windom Apartments</b>	145 6 <sup>th</sup> Ave S. Windom, MN 56101 507-831-4636	Income based

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*Long-Term Care Consultation/MnChoices*

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<b>Des Moines Valley Health and Human Services</b>	405 4 <sup>th</sup> St Bldg. 4, PO Box 67 Jackson, MN 56143 507-847-4000  11 4 <sup>th</sup> St Windom, MN 56101 507-831-1891	<a href="http://www.dvhhs.org">www.dvhhs.org</a> Financial Assistance
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## Medical Clinics/Hospitals

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**Access/Avera  
Family Medical  
Group**

1216 Ryan's Rd. Worthington, MN 56187  
507-372-2921

**Access/Avera  
Health Windom**

2020 Hospital Dr. Windom, MN 56101  
507-831-1703  
Fax: 507-831-4170

[www.avera.org](http://www.avera.org)

**Sanford Health  
Windom Clinic  
WHA Campus**

2170 Hospital Dr. Windom, MN 56101  
507-831-1422  
Fax: 507-831-4783

<https://www.lloydmanagement.com/>

**Sanford  
Clinic/Medical  
Centers**

1430 North Hwy. Jackson, MN 56143  
Clinic: 507-847-2200  
Hospital: 507-847-2420

[www.sanfordjackson.org](http://www.sanfordjackson.org)

209 Main St. PO Box 546 Lakefield, MN 56150  
507-662-6611

308 N. 8<sup>th</sup> St. Mountain Lake, MN 56159  
507-427-3332  
Fax: 507-427-2493

2170 Hospital Dr. Ste. 1, PO Box 231 Windom,  
MN 56101  
507-831-1422 or 507-831-2550  
Fax: 507-831-0135 or 507-831-5528

820 Bell Ave. Westbrook, MN 56183  
507-274-1100  
Fax: 507-274-5630

1018 6<sup>th</sup> Ave. Worthington, MN 56187  
507-372-2941

1680 Diagonal Rd. Worthington, MN 56187  
507-372-3800  
877-894-6187

**St. James Medical  
Center**

1105 Moulton & Parsons Dr. PO Box 460  
St. James, MN 56081  
507-375-3391

**Windom Area  
Health**

2150 Hospital Dr. Windom, MN 56101  
507-831-2400

[www.windomareahealth.org](http://www.windomareahealth.org)

**Worthington  
Specialty Clinic**

508 10<sup>th</sup> St. Worthington, MN 56187  
507-372-2921  
800-881-1473

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## *Medical Programs/ Miscellaneous Medical Services*

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<b>Des Moines Valley Health and Human Services</b>	405 4 <sup>th</sup> St Bldg. 4, PO Box 67 Jackson, MN 56143 507-847-4000	<a href="http://www.dvhhs.org">www.dvhhs.org</a> Medical Assistance
	11 4 <sup>th</sup> St Windom, MN 56101 507-831-1891	
<b>Medicare</b>	800-633-4227	<a href="http://www.mediare.gov">www.mediare.gov</a>
<b>MnSure-Medical Assistance</b>	855-366-7873	<a href="http://www.mnsure.org">www.mnsure.org</a> Applications available at all DVHHS locations
<b>MN Aging Pathways</b>	800-333-2433	
<b>Social Security Administration</b>	800-772-1213 Fax: 833-950-2182	<a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>
<b>U.S. Department of Health and Human Services</b>		<a href="http://www.healthcare.gov">www.healthcare.gov</a>
<b>Veteran Services</b>	Cottonwood County 41385 US Hwy 71, PO Box 201 Windom, MN 56101 507-831-5522	<a href="http://www.co.jackson.mn.us/veterans">www.co.jackson.mn.us/veterans</a>
	Jackson County Jackson, MN 56143 507-847-4774	
<b>Veteran's Linkage Line</b>	888-546-5338	Crisis Intervention for Veterans

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## *Medical Supplies and Equipment*

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<b>American Legion</b>	413 Main St. Lakefield, MN 56150	Durable Medical Equipment
<b>Corner Home Medical</b>	1303 E. Bridge St. Redwood Falls, MN 56283 507-637-2330 Fax: 507-637-2392	Durable Medical Equipment

<b>Sanford Health Equipment</b>	585 2 <sup>nd</sup> Ave N. Windom, MN 56101 507-831-0247 877-275-3554	Durable Medical Equipment (no diabetic supplies)
<b>Westbrook VFW</b>	651 1 <sup>st</sup> Ave. Westbrook, MN 56183 507-274-5661	Durable Medical Equipment
<b>Wheels for the World</b>	507-381-2818	Durable Medical Equipment

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## *Military Resources*

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<b>Beyond the Yellow Ribbon</b>		<a href="https://mn.gov/mnng/resources/beyond-the-yellow-ribbon/">https://mn.gov/mnng/resources/beyond-the-yellow-ribbon/</a>
<b>Eagle's Healing Nest</b>	320-351-6200	<a href="https://www.eagleshealingnest.org/">https://www.eagleshealingnest.org/</a>
<b>ChildCare Aware</b>		<a href="https://www.childcareawaremn.org/families/military-families/">https://www.childcareawaremn.org/families/military-families/</a>
<b>Military Home Front</b>		<a href="https://homefrontmilitarynetwork.org/">https://homefrontmilitarynetwork.org/</a>
<b>Military One Source</b>		<a href="https://www.militaryonesource.mil/">https://www.militaryonesource.mil/</a>
<b>Minnesota Military Appreciation Fund</b>		<a href="https://thankmntroops.org/">https://thankmntroops.org/</a>
<b>Minnesota National Guard</b>		<a href="https://www.nationalguard.com/Minnesota">https://www.nationalguard.com/Minnesota</a>
<b>National Guard Family Programs</b>		<a href="https://www.militaryonesource.mil/resources/military-guides/national-guard-family-program/">https://www.militaryonesource.mil/resources/military-guides/national-guard-family-program/</a>
<b>Operation Military Kids &amp; Speak Out for Military Kids</b>		<a href="https://www.operationmilitarykids.org/">https://www.operationmilitarykids.org/</a>
<b>Soldier and Family Readiness</b>	711 South 17 <sup>th</sup> St. Montevideo, MN 56265 651-268-8388	<a href="https://mn.gov/mnng/resources/service-members-and-families/">https://mn.gov/mnng/resources/service-members-and-families/</a> Contact: Carmen Brunsvold

**TRICARE Health Insurance & Dental Program**

<https://tricare.mil/>

**Veterans Service Offices**

Cottongwood County  
41385 US Hwy 71, PO Box 201  
Windom, MN 56101  
507-831-5522

<https://www.co.cottonwood.mn.us/departments/services/veterans/index.php>

Jackson County  
Jackson, MN 56143  
507-847-4774

<https://jacksoncountymn.gov/veterans>

**Veteran's Linkage Line**

888-546-5338

Crisis Intervention for Veterans

<https://tricare.mil/>  
<https://trivest.com/>

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*Nursing Homes*

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**Colonial Manor Nursing Home**

403 Colonial Ave. Lakefield, MN 56150  
507-662-6646

**Good Samaritan Society**

601 West St. Jackson, MN 56143  
507-847-3100

745 Basinger Memorial Dr.  
Mt. Lake, MN 56159  
507-427-2464  
Fax: 507-427-3036

1000 S. 2<sup>nd</sup> St. St. James, MN 56081  
507-375-3286

149 1<sup>st</sup> Ave. Westbrook, MN 56183  
507-274-6155  
Fax: 507-274-6156

705 6<sup>th</sup> St. Windom, MN 56101  
507-831-1788

Special Care Dementia Unit

**Lakeview Methodist Health Care**

610 Summit Dr. Fairmont, MN 56031  
507-235-6606

**Maple Lawn Nursing Home**

400 NE 7<sup>th</sup> St. Fulda, MN 56131  
507-425-2571

<b>Minnesota Veterans Homes</b>	1300 N Kniss Luverne, MN 56156 507-283-1100
<b>The Shores of Worthington</b>	1307 S. Shore Dr. Worthington, MN 56187 507-376-3175
<b>St. John Lutheran Homes</b>	710 E. Walnut Springfield, MN 56183 507-723-6251
<b>Truman Senior Living</b>	400 N. 4 <sup>th</sup> Ave. E. Truman, MN 56088 507-776-2031
<b>Valley View Manor</b>	200 9 <sup>th</sup> St. Lamberton, MN 56152 507-752-7346

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### *Optical Services*

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<b>Fisher Eye Care Clinic</b>	230 10 <sup>th</sup> St. Windom MN 56101 507-831-3478	
<b>Olson Optical</b>	302 10 <sup>th</sup> St. Ave South St. James, MN 56081 507-375-2020	
<b>Worthington Eye Clinic</b>	702 10 <sup>th</sup> St. Worthington, MN 56187 507-376-5535	
<b>Worthington Area Eye Care</b>	Multiple sites	<a href="#">Google Search</a>

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### *Personal Care Services*

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<b>ACCRA/ASURA</b>	12600 Whitewater Dr. Ste. 100 Minnetonka, MN 55343 952-935-3515 866-935-3515 Fax: 952-935-7112	CFSS Consultation
<b>Avera @ Home</b>	1216 Ryan's Rd. Ste. 5 Worthington, MN 56187 507-872-6671 507-537-7070 (Marshall area contact)	
<b>Ardent Home Health Care Inc.</b>	1714 Cope Ave E. Maplewood, MN 55109 651-489-4239	

<b>Care Plus Home Health Care</b>	1299 Arcade, St. #100 St. Paul, MN 55106 763-529-5520 651-592-6656 Fax: 763-529-5521	
<b>First Karen &amp; Burmese Home Health Care</b>	2353 Rice St. #203 Roseville, MN 55113 651-776-9742 Fax: 651-383-1000	A52243740
<b>Hmong Home Health Care</b>	475 Etna St. #3 St. Paul, MN 55106 651-488-1680 Fax: 651-488-4087	1306068010 Contact James Htoo
<b>Golden Home Care Plus, Inc.</b>	6 N. Minnesota St. New Ulm, MN 56073	
<b>International Quality PCA</b>	1607 N. McMillian St. Worthington, MN 56187 507-372-2929	
<b>MN National Health Kare</b>	3570 Lexington Ave N. Ste. 325 Shoreview, MN 55123 651-222-2787	<a href="https://mn.gov/adresources/search/5a29bfb8-6d8f-5eec-bb34-0bd3a310bd98/">https://mn.gov/adresources/search/5a29bfb8-6d8f-5eec-bb34-0bd3a310bd98/</a>
<b>MN Senior Care, Inc.</b>	101 Johnson Pkwy, Ste. A6 St. Paul, MN 55106 651-340-7771 Fax: 651-414-9930	
<b>MRCI</b>	1961 Premier Dr. #318 Mankato, MN 56001 507-386-5734	CFSS Budget Model only
<b>Nue Home Kare, Inc.</b>	1015 3 <sup>rd</sup> Ave Worthington, MN 56187 3570 Lexington Ave N. Shoreview, MN 55126 651-221-2787 Fax: 651-224-1057	A118422200
<b>Sweet Home Home Care</b>	124 Third St. Tracey, MN 56175 507-212-0202	
<b>University Home Care</b>	651-665-0226	A216492000
<b>Wild Rose Home Care</b>	507-337-1101	

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## *Public Libraries*

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<b>Heron Lake Public Library</b>	401 9 <sup>th</sup> St. PO Box 348 Heron Lake, MN 56137 507-793-2641	Public Internet Access
<b>Jackson Public Library</b>	311 3 <sup>rd</sup> Ave. Jackson, MN 56143 507-847-4748	Public Internet Access
<b>Lakefield Public Library</b>	410 Main St. PO Box 723 Lakefield, MN 56150 507-662-5782	Public Internet Access
<b>Mountain Lake Public Library</b>	1054 4 <sup>th</sup> Ave. Mountain Lake, MN 56159 507-427-2506	Public Internet Access
<b>Windom Public Library</b>	904 4 <sup>th</sup> Ave. Windom, MN 56101 507-831-6131	Public Internet Access
<b>Westbrook Public Library</b>	556 1 <sup>st</sup> Ave. Westbrook, MN 56183 507-274-6174	Public Internet Access

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## *Respite Care (Out of Home)*

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<b>Sanford Hospital-Jackson</b>	1430 North Hwy. Jackson, MN 56143 507-847-2420
<b>Windom Area Health</b>	2150 Hospital Dr. Windom, MN 56101 507-831-2400
<b>The Pines-Good Samaritan</b>	1508 North Hwy, Jackson, MN 56143 507-923-2631

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## *Senior Citizens Center*

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<b>Heron Lake Senior Citizen Center</b>	312 10 <sup>th</sup> St. Heron Lake, MN 56137 507-793-2512
<b>Jackson Senior Citizen Center</b>	300 3 <sup>rd</sup> St. Jackson, MN 56143 507-847-5884

<b>Lakefield Senior Citizen Center</b>	112 Main St. Lakefield, MN 56150 507-662-5785
<b>Mountain Lake Community Center</b>	1027 2 <sup>nd</sup> Ave. Mountain Lake, MN 56159 507-427-2151
<b>Westbrook Senior Citizen Center</b>	641 1 <sup>st</sup> Ave. Westbrook, MN 56183 507-274-6583
<b>Windom Senior Citizen Center</b>	1750 Cottonwood Lake Dr. Windom, MN 56101 507-831-2929

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### *Senior Congregate Living*

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<b>Parkwood Place</b>	801 3 <sup>rd</sup> Ave. Mountain Lake, MN 56159 507-247-2080
<b>Peterson Estates</b>	1012 9 <sup>th</sup> St. Westbrook, MN 56183 507-274-6121
<b>Remick Ridge Estates</b>	350 6 <sup>th</sup> Ave. Windom, MN 56101 507-831-5797

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### *Senior Dining*

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<b>Jackson Senior Citizen Center</b>	301 3 <sup>rd</sup> St. Jackson, MN 56143 507-847-5884	Free/Reduced Lunches & Take Out meals
<b>Lakefield Senior Citizen Center</b>	112 Main St. Lakefield, MN 56150 507-662-6714	Free/Reduced Lunches & Take Out meals Multi-purpose Center
<b>Mountain Lake Community Center</b>	1015 2 <sup>nd</sup> Ave. Mountain Lake, MN 56159 507-427-2151	
<b>Windom Senior Citizen Center</b>	1750 Cottonwood Lake Dr. Windom, MN 56101 507-831-6161	

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## *Transportation*

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<b>Blue Ride</b>	866-340-8648 888-814-6643 (Primewest)	Secure Blue or Blue Plus Clients only
<b>Des Moines Valley Health and Human Services</b>	405 4 <sup>th</sup> St Bldg. 4, PO Box 67 Jackson, MN 56143 507-847-4000	<a href="https://www.dvhhs.org/">https://www.dvhhs.org/</a> Medical Transportation Reimbursement and Social Service Transportation
	11 4 <sup>th</sup> St Windom, MN 56101 507-831-1891	Medical Transportation Reimbursement and Social Service Transportation
<b>Health Ride</b>	800-203-7225	UCare Clients only
<b>Medivan</b>	800-422-7225	
<b>Peoples Express</b>	800-450-0123	
<b>Spin Zone</b>	507-423-1000 507-523-6215	<a href="http://www.spin-zone.org">www.spin-zone.org</a> Cars available on loan for short periods of time, if quality Contact Kirk
<b>United Community Action Partnership</b>	115 South Highway PO Box 207 Jackson, MN 56143 507-847-2632	<a href="https://www.unitedcapmn.org/">https://www.unitedcapmn.org/</a> Riders are set up or coordinated with existing systems
	1012 5 <sup>th</sup> Ave Room #50 Windom, MN 56101 507-841-2603	
	Community Transit 507-847-2632 Ext. 1	<a href="https://www.unitedcapmn.org/programs/transportation/community-transit/">https://www.unitedcapmn.org/programs/transportation/community-transit/</a>
<b>Veterans Services</b>	507-847-4774	<a href="http://www.co.jackson.mn.us/veterans">www.co.jackson.mn.us/veterans</a> Veterans only-VA Medical trips to Sioux Falls, Mondays and Wednesdays & occasionally by appointment, needs basis

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## *Miscellaneous Resources*

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<b>A.C.E of SW Minnesota</b>	1012 5 <sup>th</sup> Ave. PO Box 123 Windom, MN 56101 507-831-1803	<a href="mailto:Ace.cottonwood@co.cottonwood.mn.us">Ace.cottonwood@co.cottonwood.mn.us</a> Cottonwood County Aging & Volunteer Services Coordinator
<b>Alzheimer's Association</b>	800-232-0851	

<b>American Cancer Society</b>	800-227-2345	
<b>Bridge to Benefits</b>	651-227-6121	<a href="http://www.bridgetobenefits.org">www.bridgetobenefits.org</a>
<b>Caregiver Support and Respite Care</b>	507-822-9035	<a href="https://www.facebook.com/LSSCaregiverSupport">www.facebook.com/LSSCaregiverSupport</a>
<b>Catholic Charities</b>	507-376-9757	
<b>Community Sharps</b>		<a href="https://safeneedledisposal.org/states/minnesota/">https://safeneedledisposal.org/states/minnesota/</a>
<b>Cottonwood County Animal Rescue</b>	507-831-4110	<a href="https://www.cottonwoodanimalrescue.com/">https://www.cottonwoodanimalrescue.com/</a>
<b>Crisis Hotline</b>	<b>800-642-1525</b>	24/7 through ElevaCare
<b>Disability Hub MN</b>	866-333-2466	<a href="https://disabilityhubmn.org/">https://disabilityhubmn.org/</a>
<b>Elected Official Information</b>		<a href="https://mn.gov/portal/government/state/">https://mn.gov/portal/government/state/</a>
<b>First Call for Help</b>	800-543-2709 211	<a href="http://www.211unitedway.org">www.211unitedway.org</a>
<b>Government Benefits</b>		<a href="https://www.usa.gov/benefits">https://www.usa.gov/benefits</a>
<b>Income Tax Help</b>	507-847-2632	February-April Service provided by UCAP
<b>Legal Assistance</b>		<a href="https://www.smrls.org/">https://www.smrls.org/</a>
<b>Lutheran Social Services</b>	507-822-9305	<a href="https://www.facebook.com/LSSCaregiverSupport">www.facebook.com/LSSCaregiverSupport</a>
<b>Minnesota Department of Human Services</b>		<a href="http://www.dhs.state.mn.us">www.dhs.state.mn.us</a>
<b>Minnesota Help Information Site</b>		<a href="https://mn.gov/adresources/">https://mn.gov/adresources/</a>
<b>Minnesota Relay</b>	800-627-3529	Voice, TTU, ASCII
<b>MN Attorney Referral Services</b>	800-29-4152	

<b>Minnesota Public Utilities Commission</b>	800-657-3782	
<b>Services for the Blind</b>	Marshall, MN 507-537-7114	
<b>Social Security Administration</b>	400 State St. Ste. 70 Fairmont, MN 56031 877-405-0414 800-772-1213 Fax: 833-950-2182	<a href="https://www.ssa.gov/">https://www.ssa.gov/</a>
	507 Jewett St. Ste. B Marshall, MN 56258 877-405-0414 800-772-1213 Fax: 833-950-2182	
<b>Southwestern Center for Independent Living</b>	109 S. 5 <sup>th</sup> St. #700 Marshall, MN 56258 507-532-2221 Fax: 532-2222 800-422-1485 (Consumer Line) 711-MN Relay	<a href="https://www.swcil.com/">https://www.swcil.com/</a>
<b>Southwest Minnesota Continuum of Care</b>		<a href="https://www.swmhp.org/community-partners/continuum-of-care/">https://www.swmhp.org/community-partners/continuum-of-care/</a> Working together to end homelessness
<b>Southern Minnesota Regional Legal Services</b>	1567 N McMillan St. Worthington, MN 56187 507-372-7368 Fax: 507-372-2574	<a href="http://www.smrls.org">www.smrls.org</a>
<b>Telephone Discounts</b>	12 Civic Center Plaza #3000, Mankato, MN 56001 507-396-6815	<a href="https://mn.gov/puc/consumers/telephone/">https://mn.gov/puc/consumers/telephone/</a>
<b>Telephone Equipment Distribution (TED)</b>	800-657-3663	<a href="https://mn.gov/deaf-hard-of-hearing/assistive-technology/phone-devices/">https://mn.gov/deaf-hard-of-hearing/assistive-technology/phone-devices/</a> <a href="https://www.mnta.org/page/42">https://www.mnta.org/page/42</a>
<b>United Way</b>	651-291-0211 211	<a href="http://www.211unitedway.org">www.211unitedway.org</a>